



Seniors' Guide

A guide to services for Seniors in **Flinders**



With compliments from

GREG HUNT MP

Federal Member for **Flinders**

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Congratulatory messages can be arranged for special anniversaries, e.g. 50 or 60 years of marriage, 90th or 100th birthdays. Messages from the Queen can be arranged for 60 years of marriage and 100th birthdays.

Please write to me with details at least three weeks before the anniversary. Where a message is to be sent from the Queen at least five weeks prior notice is required.

Where possible, a copy of the birth or marriage certificate should be supplied, otherwise a Statutory Declaration is to be provided.



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GREG HUNT MP

Federal Member for **Flinders**

I am pleased to provide you with the Flinders Seniors' Guide.

Our local community depends on the wisdom and experience that seniors positively contribute each and every day. The guidance provided to current and future generations is vital to the continued development of our communities. Stories of hard work and sacrifice remind us that we must equally work hard to build upon the foundations set by older generations to continue to help make Australia a great, prosperous nation.

It is vital that our nation gives back to our Seniors through the provision of health care, respite and rehabilitation facilities, aged support and employment services; together with advice and assistance for self-funded retirees.

I am proud to represent you and your interests in Federal Parliament.

I hope the Flinders Seniors' Guide is of assistance in providing important details on available services in our local community and their contact information.

If you require any additional information or any assistance, please do not hesitate to contact me.

Yours sincerely,

Greg Hunt MP
Federal Member for **Flinders**

Emergency Contacts

Police / Ambulance / Fire Brigade

Emergency 000

www.triplezero.gov.au

Australia's primary emergency call service number.

SES State Emergency Service 132 500

www.ses.vic.gov.au

For emergency help in floods and storms.

Poison Service 13 11 26

www.austin.org.au/poisons

For information on poisons and treatments.

If a situation is not time critical but requires the attention of an emergency services organisation:

Police

Police – Cowes

5952 2037

92 Chapel Street, Cowes

Police – Dromana

5987 2023

321 Point Nepean Road, Dromana

Police – Frankston

9784 5555

15 Fletcher Road, Frankston

Police – Hastings

5970 7800

137 High Street, Hastings

Police – Koo Wee Rup

5997 1404

Icke Road, Koo Wee Rup

Police – Lang Lang

5997 5444

11 Westernport Road, Lang Lang

Police – Loch

5659 4267

1 Victoria Street, Loch

Police – Mornington

5970 4900

8 Main Street, Mornington

Police – Rosebud

5986 0444

95 Boneo Road, Rosebud

Police – Rye

5985 2582

2 Dundas Street, Rye

Police – San Remo

5678 5500

Phillip Island Road, San Remo

Police – Sorrento

5984 2000

8 – 10 Hotam Road, Sorrento

Fire Brigade

Fire Brigade – Balnarring

5983 5379

3015 Frankston-Flinders Road,
Balnarring

Fire Brigade – Boneo

5988 6308

432 Boneo Road, Boneo

Fire Brigade – Crib Pt

5983 8288

137 Disney Street

Fire Brigade – Dromana

5987 2648

97 – 99 Point Nepean Road,
Dromana

Fire Brigade – Flinders

5989 0444

45 Barker Street, Flinders

Fire Brigade – Hastings

5979 4080

149 High Street, Hastings

Fire Brigade – Koo Wee Rup

5997 1383

Moody Street, Koo Wee Rup

Fire Brigade – Main Ridge

5989 6280

431 Main Creek Road, Main Ridge

Fire Brigade – Moorooduc

5987 8303

775 Derril Road, Moorooduc

Fire Brigade – Mornington

5975 2203

859 Nepean Highway, Mornington

Fire Brigade – Mt Martha

5974 3658

6 La Trobe Drive, Mr Martha

Fire Brigade – Pearcedale

5978 6878

26 Baxter-Tooradin Road,
Pearcedale

Fire Brigade – Phillip Island

5952 3913

117 Settlement Road, Cowes

Fire Brigade – Red Hill

5989 2029

23 Mechanics Road, Red Hill

Fire Brigade – Rosebud

5986 1358

99 Boneo Road, Rosebud

Fire Brigade – Rye

5985 3033

23 Collingwood Street, Rye

Fire Brigade – Somers

5983 5404

Cnr Camphill Rd & Florida Ave,
Somers

Fire Brigade – Somerville

5977 5359

57-59 Eramosa Road West,
Somerville

Fire Brigade – Sorrento

5984 1355

52 Kerford Avenue, Sorrento

Fire Brigade – Tooradin

5998 3547

Evans Street, Tooradin

Health Contacts

Bays Hospital – Mornington

5975 2009

Vale Street, Mornington

Beleura Private Hospital

5976 0888

925 Nepean Highway, Mornington

Frankston Hospital

9784 7777

2 Hastings Road, Frankston

Peninsula Private Hospital

9788 3466

525 McClelland Drive, Frankston

Rosebud Community

Rehabilitation Centre

5986 3344

288 Eastbourne Road, Rosebud

Rosebud Hospital

5986 0666

1527 Point Nepean Road, Rosebud

St John of God Frankston

Rehabilitation Centre

9788 3333

255-265 Cranbourne Road,
Frankston

Commonwealth Respite &

Carelink Centre

1800 052 222 (B/H)

1800 059 059 (A/H)

Concessions Information Line

1800 658 521

Consumer Affairs Helpline

1300 558 181

Crime Stoppers

1800 333 000

Legal Aid

1300 792 387

Legal Help

1800 700 600

www.era.asn.au

Men's Referral Service

1300 766 491

NURSE-ON-CALL

1300 606 024

Peninsula Community Legal

9783 3600

Peninsula Family Violence

5971 9454

Public Transport Victoria

1800 800 007

**Psychiatric Crisis Assessment
Team**

1300 792 977

**Salvation Army Peninsula Youth &
Family Services**

9783 5000

Senior Rights Victoria

1300 368 821

Suicide Helpline

1300 651 251

Taxi Services Commission

1800 638 802

Veteran Affairs Network Offices

1300 551 918

Victims of Crime Helpline

1800 819 817

**Victorian Bushfire Information
Line**

1800 226 226

Victorian Ombudsman

1800 806 314

Victorian Seniors Card

1300 797 210

**WAYYS Emergency Refuge
Accommodation – Family
Violence Outreach**

9781 4658

Wonthaggi Hospital

5671 3333

Support for Older Australians

Centrelink – Older Australians
Languages other than English

132 300
131 202

Hastings Centrelink
125 High Street, Hastings
Mon-Fri 8:30am-4:30pm

Frankston Centrelink
Cnr Davey and Young Street, Frankston
Mon-Fri 8:30am-4:30pm

Mornington Centrelink
332 Main Street, Mornington
Mon-Fri 8:30am-4:30pm

Rosebud Centrelink
3 Jetty Road, Rosebud
Mon-Fri 8:30am-4:30pm

Wonthaggi Centrelink
Shop T3/T4 Wonthaggi Plaza
2 Biggs Drive, Wonthaggi
Mon-Fri 8:30am-4:30pm

Australian Government Department of Human Services

Age Pension

The Age Pension helps support older Australians in retirement. If you meet the age and residence requirements, the amount of Age Pension you will receive depends on your income, assets and other factors.

If you receive the Age Pension you will automatically receive a Pensioner Concession Card, entitling you to reduced cost medicines under the Pharmaceutical Benefits Scheme and various other concessions.

Commonwealth Seniors Health Card

If you have reached Age Pension age but do not qualify for a pension, you may qualify for a Commonwealth Seniors Health Card, entitling you to a range of concessions and discounts, including discounts on Pharmaceutical Benefits Scheme prescription medicines.

Working past Age Pension age

If you choose to work whilst receiving the Age Pension, the Work Bonus will allow you to increase the amount you can earn before your pension is reduced. If you receive eligible income from employment the Work Bonus will automatically be applied.

Pension Loans Scheme

The Pension Loans Scheme can help eligible part-rate age pensioners use capital tied up in real estate to provide an income top-up in the form of a loan, up to the maximum rate of the age pension. This can either apply for a short time or an indefinite period.

Further information about support available to older Australians from the Australian Government is available by calling 132 300 or online at www.humanservices.gov.au.

Accessing Services



The Department of Human Services

132 300

Languages other than English

131 202

The Department of Human Services has a range of self service options online or by phone.

Visit humanservices.gov.au or call 132 300.

myGov

132 307

To access government services online you can create a myGov account. myGov is a secure account that lets you link a range of Australian Government online services with one username and password.

To create a myGov account visit my.gov.au

Medicare

132 011

Provides payments and services that can help you, or someone you provide care for, use health services or buy medicines.

humanservices.gov.au/medicare

Department of Veterans' Affairs

133 254

Provides benefits and pensions to current and former serving members of the Australian Defence Force, their family and Carers.

www.dva.gov.au

Healthdirect Australia

1800 022 222

A 24-hour health helpline providing convenient, non-urgent health advice and information.

www.healthdirect.gov.au

Department of Social Services

1300 653 227

Supports seniors through programs and services, and through grants for organisations providing services.

www.dss.gov.au





Department of Health **1800 020 103**

Supports access to medical, pharmaceutical and hospital services.

www.health.gov.au

**Translating and
Interpreting Service** **131 450**

An interpreting service provided by the Department of Immigration and Border Protection.

www.tisnational.gov.au

**Department of Immigration
and Border Protection** **131 881**

Manages the visa system for migrants and refugees.

www.border.gov.au

My Aged Care **1800 200 422**

My Aged Care can help you find information about aged care services and what you need to do to receive them.

www.myagedcare.gov.au

**Department of Family &
Community Services** **1300 650 172**

Provides home-based support, respite, community transport, nursing and allied health services.

www.health.vic.gov.au

Housing **13 74 68**

Provides information on access to housing and homelessness assistance.

www.housing.vic.gov.au

**Australian Red Cross
Telecross** **1300 885 698**

Provides the elderly and housebound with a reassuring daily phone call to ensure that they are safe and well.

www.redcross.org.au

Lifeline **13 11 14**

Provides access to crisis support, suicide prevention and mental health support services.

www.lifeline.org.au

Scamwatch **1300 795 995**

Scamwatch is run by the Australian Competition and Consumer Commission (ACCC). It provides information to consumers and small businesses about how to recognise, avoid and report scams.

www.scamwatch.gov.au

Our Local Community

Community Centres & Organisations

Western Port 185 High Street, Hastings	5979 2762
Mornington 320 Main Street, Mornington	5975 1644
Southern Peninsula 878 Point Nepean Road, Rosebud	5986 1285
Southern Peninsula Veterans Centre 127 Eastbourne Road, Rosebud	5986 3087
Rosebud Police Senior Citizens Register 95 Boneo Road, Rosebud	5986 0400
Hastings Police Senior Citizens Register 137 High Street, Hastings	5979 2137
Mornington Police Senior Citizens Register 6-8 Main Street, Mornington	5973 6533

Aged Services

My Aged Care	1800 200 422
Mt Eliza Aged Care Assessment Service Mt Eliza Centre, Jacksons Road, Mt Eliza	9788 1276
The Mornington Centre Cnr Tyalla Grove & Separation Street, Mornington	5976 9000
Mornington Peninsula Shire Aged Care and Seniors	5950 1000 1300 850 600
Seniors Community Care and Manor Meals 49 Eramosa Road West, Somerville	5977 6966

Seniors Activities

Gentle Fitness Dromana Catholic Church, 1 Foote Street, Dromana	5982 2994
Gentle Fitness Rosebud Anglican Church, Point Nepean Road, Rosebud	5982 2994
Pelican Park Recreation Centre 2 Marine Parade, Hastings	1300 850 197
Happy Hour Singers 47 Kennedy Road, Hastings	5983 5336
University of the Third Age – Phillip Island 56 -58 Church Street, Grantville	5952 6461
University of the Third Age – Southern Peninsula 359A Point Nepean Road, Dromana	5981 8777
Southern Peninsula 50+ Club 121 Ninth Avenue, Rosebud	5988 3445
YMCA Somerville 55 Grant Road, Somerville	5977 7711

Senior Citizen Centres

Corinella & District Senior Citizens' Club 16 Beach Street, Corinella	5678 0716
Dromana Senior Citizens' Club 43 Pier Street, Dromana	5987 1109
Greek Senior Citizens' of Bass Coast 231 Settlement Road, Cowes	5952 6610
Phillip Island Senior Citizens' Club Watchorn Road, Cowes	5952 1521
Rye and Peninsula Greek Senior Citizens' Club Civic Hall, Napier Street, Rye	5985 6428

Senior Citizens' Club – Hellenic Association Rye & District **5981 8203**

3 Carmichael Street, Tootgarook

Senior Citizens' Club – Italian & Ethnic **0419 881 567**

Rye Civic Hall, Napier Street, Rye

Senior Citizens' Club Inc. Mornington **5975 3688**

Flinders Drive, Mornington

Senior Citizen's Club Inc. Mt Martha **5973 5004**

Mt Martha House, Cnr Dominion Rd & The Esplanade, Mt Martha

Senior Citizens' Club Inc. Rosebud **5986 1923**

121-123 Ninth Avenue, Rosebud

Senior Citizens' Club Inc. Sorrento/Portsea **5984 1425**

Cnr Queen and Melbourne Road, Sorrento

Senior Citizens' Club Inc. Tootgarook **5985 4992**

2 Barry Street, Tootgarook

Wonthaggi Senior Citizens' Club **5672 1301**

46-50 Murray Street, Wonthaggi

Probus Clubs

Balcombe **5975 4143**

Mt Martha House, Cnr Dominion Road and The Esplanade, Mt Martha

Corinella **0421 012 519**

George Bass Hotel, 5 Hade Ave, Bass

Cowes **5956 8173**

The Nobbies, 1320 Ventnor Road, Summerlands

Dromana Bay **5986 8973**

Dromana Community Hall, Hodgkinson Street, Dromana

Hastings **5983 0123**

The Hastings Club, 155 Marine Parade, Hastings

Phillip Island **5956 8220**

Phillip Island RSL, 225 Thompson Ave, Cowes

San Remo **5956 8220**

Newhaven Hall, 23 Cleeland Street, Newhaven

Wonthaggi & District **5672 2835**

Wonthaggi Golf Club, McKenzie Street, Wonthaggi



Bowls Clubs

Balnarring Bowls & Social Club **5983 1655**

8 Bruce Street, Balnarring

Corinella Bowling Club **5678 0497**

24 Balcombe Street, Corinella

Dromana Bowls Club **5987 2564**

1 Stawell Street, Dromana

Flinders Bowls Club **5983 6715**

Bass Street, Flinders

Hastings Bowling Club **5979 1723**

40 Marine Parade, Hastings

Koo Wee Rup Bowling Club **5997 1559**

245 Rossiter Road, Koo Wee Rup

Lang Lang Bowling Club **5997 5361**

2 Nellie Street, Lang Lang

Loch Bowling Club **5659 4359**

24 Smith Street, Loch

Main Ridge Bowling Club **5989 6173**

455 Main Creek Road, Main Ridge

Mt Martha Bowls & Social Club **5974 2894**

45 Watson Road, Mt Martha

Phillip Island Bowling Club Inc **5952 2337**

40-44 Dunsmore Road, Cowes

Rosebud Bowls Club Inc **5986 8892**

Point Nepean Road Foreshore, Rosebud

San Remo Bowls Club **5678 0000**

Wynne Road, San Remo

Somerville Bowls Club **5977 5476**

259 Jones Road, Somerville

Sorrento Bowls Club **5984 2831**

Hotham Road, Sorrento



GREG HUNT MP COMMUNITY SURVEY

Your views are important to me...



The issues

Please number the four issues that concern you most.

- ☐ Building a strong 21st Century economy
- ☐ Tackling crime and the scourge of drugs
- ☐ Securing Australia's borders
- ☐ Supporting seniors and Aged Care
- ☐ Reducing cost of living pressures
- ☐ Creating jobs for the future
- ☐ Improving health care
- ☐ Giving students a world-class education
- ☐ Building better local roads
- ☐ Investing in public transport
- ☐ Backing Small Business and enterprise
- ☐ A sustainable environment
- ☐ Investing in innovation and science

In Parliament

If you could raise one issue in the Federal Parliament, what would it be?

Our Community

If you could fix one problem in our local area, what would it be?

About politics

Please select one of the following options: (optional)

I ALWAYS support the following party

- ☐ Liberal ☐ Labor ☐ Greens
☐ Independent/Other

OR I USUALLY support the following party

- ☐ Liberal ☐ Labor ☐ Greens
☐ Independent/Other

OR ☐ I don't support any political party

Your details

Please complete the following details so that I can stay in touch and keep you informed.

Title

Name

Address

Home ph

Mobile ph

Email

How do you prefer to be contacted? ☐ Mail ☐ SMS ☐ Email

Your work

Please select the option which best reflects your current situation:

- ☐ Full-time ☐ Part-time ☐ Self-employed
☐ At home parent ☐ Unemployed ☐ Student
☐ Age pensioner ☐ Disability pensioner ☐ Self-funded retiree

Your Occupation

Thank you for completing this survey.

Please return to: Greg Hunt MP, PO Box 274, Hastings VIC 3915 Email: greg.hunt.mp@aph.gov.au

GREG HUNT MP
Federal Member for **Flinders**

Shop 4, 184 Salmon Street, Hastings VIC 3915 (03) 5979 3188

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