Seniors’ Guide

A guide to services for Seniors in Flinders

With compliments from

GREG HUNT MP
Federal Member for Flinders
Congratulatory messages can be arranged for special anniversaries, e.g. 50 or 60 years of marriage, 90th or 100th birthdays. Messages from the Queen can be arranged for 60 years of marriage and 100th birthdays.

Please write to me with details at least three weeks before the anniversary. Where a message is to be sent from the Queen at least five weeks prior notice is required.

Where possible, a copy of the birth or marriage certificate should be supplied, otherwise a Statutory Declaration is to be provided.
I am pleased to provide you with the Flinders Seniors’ Guide.

Our local community depends on the wisdom and experience that seniors positively contribute each and every day. The guidance provided to current and future generations is vital to the continued development of our communities. Stories of hard work and sacrifice remind us that we must equally work hard to build upon the foundations set by older generations to continue to help make Australia a great, prosperous nation.

It is vital that our nation gives back to our Seniors through the provision of health care, respite and rehabilitation facilities, aged support and employment services; together with advice and assistance for self-funded retirees.

I am proud to represent you and your interests in Federal Parliament.

I hope the Flinders Seniors’ Guide is of assistance in providing important details on available services in our local community and their contact information.

If you require any additional information or any assistance, please do not hesitate to contact me.

Yours sincerely,

Greg Hunt MP
Federal Member for Flinders
Emergency Contacts
Police / Ambulance / Fire Brigade

Emergency 000
www.triplezero.gov.au
Australia’s primary emergency call service number.

SES State Emergency Service 132 500
www.ses.vic.gov.au
For emergency help in floods and storms.

Poison Service 13 11 26
www.austin.org.au/poisons
For information on poisons and treatments.

If a situation is not time critical but requires the attention of an emergency services organisation:

Police
Police – Cowes
5952 2037
92 Chapel Street, Cowes

Police – Dromana
5987 2023
321 Point Nepean Road, Dromana

Police – Frankston
9784 5555
15 Fletcher Road, Frankston

Police – Hastings
5970 7800
137 High Street, Hastings

Police – Koo Wee Rup
5997 1404
Icke Road, Koo Wee Rup

Police – Lang Lang
5997 5444
11 Westernport Road, Lang Lang

Police – Loch
5659 4267
1 Victoria Street, Loch

Police – Mornington
5970 4900
8 Main Street, Mornington

Police – Rosebud
5986 0444
95 Boneo Road, Rosebud

Police – Rye
5985 2582
2 Dundas Street, Rye

Police – San Remo
5678 5500
Phillip Island Road, San Remo

Police – Sorrento
5984 2000
8 – 10 Hotam Road, Sorrento

Fire Brigade
Fire Brigade – Crib Pt
5983 8288
137 Disney Street

Fire Brigade – Dromana
5987 2648
97 – 99 Point Nepean Road, Dromana

Fire Brigade – Flinders
5989 0444
45 Barker Street, Flinders

Fire Brigade – Hastings
5979 4080
149 High Street, Hastings

Fire Brigade – Koo Wee Rup
5997 1383
Moody Street, Koo Wee Rup

Fire Brigade – Main Ridge
5989 6280
431 Main Creek Road, Main Ridge

Fire Brigade – Moorooduc
5987 8303
775 Derril Road, Moorooduc

Fire Brigade – Mornington
5975 2203
859 Nepean Highway, Mornington

Fire Brigade – Mt Martha
5974 3658
6 La Trobe Drive, Mr Martha

Fire Brigade – Pearcedale
5978 6878
26 Baxter-Tooradin Road, Pearcedale

Fire Brigade – Phillip Island
5952 3913
117 Settlement Road, Cowes

Fire Brigade – Red Hill
5989 2029
23 Mechanics Road, Red Hill

Fire Brigade – Rosebud
5986 1358
99 Boneo Road, Rosebud

Fire Brigade – Rye
5985 3033
23 Collingwood Street, Rye

Fire Brigade – Somers
5983 5404
Cnr Camphill Rd & Florida Ave, Somers

Fire Brigade – Somerville
5977 5359
57-59 Eramosa Road West, Somerville

Fire Brigade – Sorrento
5984 1355
52 Kerford Avenue, Sorrento

Fire Brigade – Tooradin
5998 3547
Evans Street, Tooradin

Health Contacts
Bays Hospital – Mornington
5975 2009
Vale Street, Mornington

Beleura Private Hospital
5976 0888
925 Nepean Highway, Mornington

Frankston Hospital
9784 7777
2 Hastings Road, Frankston

Peninsula Private Hospital
9788 3466
525 McClelland Drive, Frankston

Rosebud Community Rehabilitation Centre
5986 3344
288 Eastbourne Road, Rosebud

Rosebud Hospital
5986 0666
1527 Point Nepean Road, Rosebud

St John of God Frankston Rehabilitation Centre
9788 3333
255-265 Cranbourne Road, Frankston

Commonwealth Respite & Carelink Centre
1800 052 222 (B/H)
1800 059 059 (A/H)

Concessions Information Line
1800 658 521

Consumer Affairs Helpline
1300 558 181

Crime Stoppers
1800 333 000

Legal Aid
1300 792 387

Legal Help
1800 700 600
www.era.asn.au

Men’s Referral Service
1300 766 491

NURSE-ON-CALL
1300 606 024

Peninsula Community Legal
9783 3600

Peninsula Family Violence
5971 9454

Public Transport Victoria
1800 800 007

Psychiatric Crisis Assessment Team
1300 792 977

Salvation Army Peninsula Youth & Family Services
9783 5000

Senior Rights Victoria
1300 368 821

Suicide Helpline
1300 651 251

Taxi Services Commission
1800 638 802

Veteran Affairs Network Offices
1300 551 918

Victims of Crime Helpline
1800 819 817

Victorian Bushfire Information Line
1800 226 226

Victorian Ombudsman
1800 806 314

Victorian Seniors Card
1300 797 210

WAYYS Emergency Refuge Accommodation – Family Violence Outreach
9781 4658

Wonthaggi Hospital
5671 3333

with compliments from Greg Hunt MP
Age Pension
The Age Pension helps support older Australians in retirement. If you meet the age and residence requirements, the amount of Age Pension you will receive depends on your income, assets and other factors.

If you receive the Age Pension you will automatically receive a Pensioner Concession Card, entitling you to reduced cost medicines under the Pharmaceutical Benefits Scheme and various other concessions.

Commonwealth Seniors Health Card
If you have reached Age Pension age but do not qualify for a pension, you may qualify for a Commonwealth Seniors Health Card, entitling you to a range of concessions and discounts, including discounts on Pharmaceutical Benefits Scheme prescription medicines.

Working past Age Pension age
If you choose to work whilst receiving the Age Pension, the Work Bonus will allow you to increase the amount you can earn before your pension is reduced. If you receive eligible income from employment the Work Bonus will automatically be applied.

Pension Loans Scheme
The Pension Loans Scheme can help eligible part-rate age pensioners use capital tied up in real estate to provide an income top-up in the form of a loan, up to the maximum rate of the age pension. This can either apply for a short time or an indefinite period.

Further information about support available to older Australians from the Australian Government is available by calling 132 300 or online at www.humanservices.gov.au.
Accessing Services

The Department of Human Services 132 300

Languages other than English 131 202

The Department of Human Services has a range of self service options online or by phone.

Visit humanservices.gov.au or call 132 300.

myGov 132 307

To access government services online you can create a myGov account. myGov is a secure account that lets you link a range of Australian Government online services with one username and password.

To create a myGov account visit my.gov.au

Medicare 132 011

Provides payments and services that can help you, or someone you provide care for, use health services or buy medicines.

humanservices.gov.au/medicare

Department of Veterans’ Affairs 133 254

Provides benefits and pensions to current and former serving members of the Australian Defence Force, their family and Carers.

www.dva.gov.au

Healthdirect Australia 1800 022 222

A 24-hour health helpline providing convenient, non-urgent health advice and information.

www.healthdirect.gov.au

Department of Social Services 1300 653 227

Supports seniors through programs and services, and through grants for organisations providing services.

www.dss.gov.au
<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Department of Health</td>
<td>1800 020 103</td>
<td>Supports access to medical, pharmaceutical and hospital services. <a href="http://www.health.gov.au">www.health.gov.au</a></td>
</tr>
<tr>
<td>Translating and Interpreting Service</td>
<td>131 450</td>
<td>An interpreting service provided by the Department of Immigration and Border Protection. <a href="http://www.tisnational.gov.au">www.tisnational.gov.au</a></td>
</tr>
<tr>
<td>Department of Immigration and Border Protection</td>
<td>131 881</td>
<td>Manages the visa system for migrants and refugees. <a href="http://www.border.gov.au">www.border.gov.au</a></td>
</tr>
<tr>
<td>My Aged Care</td>
<td>1800 200 422</td>
<td>My Aged Care can help you find information about aged care services and what you need to do to receive them. <a href="http://www.myagedcare.gov.au">www.myagedcare.gov.au</a></td>
</tr>
<tr>
<td>Australian Red Cross Telecross</td>
<td>1300 885 698</td>
<td>Provides the elderly and housebound with a reassuring daily phone call to ensure that they are safe and well. <a href="http://www.redcross.org.au">www.redcross.org.au</a></td>
</tr>
<tr>
<td>Housing</td>
<td>13 74 68</td>
<td>Provides information on access to housing and homelessness assistance. <a href="http://www.housing.vic.gov.au">www.housing.vic.gov.au</a></td>
</tr>
<tr>
<td>Lifeline</td>
<td>13 11 14</td>
<td>Provides access to crisis support, suicide prevention and mental health support services. <a href="http://www.lifeline.org.au">www.lifeline.org.au</a></td>
</tr>
<tr>
<td>Scamwatch</td>
<td>1300 795 995</td>
<td>Scamwatch is run by the Australian Competition and Consumer Commission (ACCC). It provides information to consumers and small businesses about how to recognise, avoid and report scams. <a href="http://www.scamwatch.gov.au">www.scamwatch.gov.au</a></td>
</tr>
</tbody>
</table>
Our Local Community

Community Centres & Organisations

Western Port 5979 2762
185 High Street, Hastings

Mornington 5975 1644
320 Main Street, Mornington

Southern Peninsula 5986 1285
878 Point Nepean Road, Rosebud

Southern Peninsula Veterans Centre 5986 3087
127 Eastbourne Road, Rosebud

Rosebud Police Senior Citizens Register 5986 0400
95 Boneo Road, Rosebud

Hastings Police Senior Citizens Register 5979 2137
137 High Street, Hastings

Mornington Police Senior Citizens Register 5973 6533
6-8 Main Street, Mornington

Seniors Activities

Gentle Fitness Dromana 5982 2994
Catholic Church, 1 Foote Street, Dromana

Gentle Fitness Rosebud 5982 2994
Anglican Church, Point Nepean Road, Rosebud

Pelican Park Recreation Centre 1300 850 197
2 Marine Parade, Hastings

Happy Hour Singers 5983 5336
47 Kennedy Road, Hastings

University of the Third Age – Phillip Island 5952 6461
56 -58 Church Street, Grantville

University of the Third Age – Southern Peninsula 5981 8777
359A Point Nepean Road, Dromana

Southern Peninsula 50+ Club 5988 3445
121 Ninth Avenue, Rosebud

YMCA Somerville 5977 7711
55 Grant Road, Somerville

Aged Services

My Aged Care 1800 200 422

Mt Eliza Aged Care Assessment Service 9788 1276
Mt Eliza Centre, Jacksons Road, Mt Eliza

The Mornington Centre 5976 9000
Cnr Tyalla Grove & Separation Street, Mornington

Mornington Peninsula Shire Aged Care and Seniors 5950 1000
1300 850 600

Seniors Community Care and Manor Meals 5977 6966
49 Eramosa Road West, Somerville

Senior Citizen Centres

Corinella & District Senior Citizens' Club 5678 0716
16 Beach Street, Corinella

Dromana Senior Citizens’ Club 5987 1109
43 Pier Street, Dromana

Greek Senior Citizens’ of Bass Coast 5952 6610
231 Settlement Road, Cowes

Phillip Island Senior Citizens’ Club 5952 1521
Watchorn Road, Cowes

Rye and Peninsula Greek Senior Citizens’ Club 5985 6428
Civic Hall, Napier Street, Rye

with compliments from Greg Hunt MP
Senior Citizens’ Club – Hellenic Association Rye & District 5981 8203
3 Carmichael Street, Tootgarook

Senior Citizens’ Club – Italian & Ethnic 0419 881 567
Rye Civic Hall, Napier Street, Rye

Senior Citizens’ Club Inc. Mornington 5975 3688
Flinders Drive, Mornington

Senior Citizen’s Club Inc. Mt Martha 5973 5004
Mt Martha House, Cnr Dominion Rd & The Esplanade, Mt Martha

Senior Citizens’ Club Inc. Rosebud 5986 1923
121-123 Ninth Avenue, Rosebud

Senior Citizens’ Club Inc. Sorrento/Portsea 5984 1425
Cnr Queen and Melbourne Road, Sorrento

Senior Citizens’ Club Inc. Tootgarook 5985 4992
2 Barry Street, Tootgarook

Wonthaggi Senior Citizens’ Club 5672 1301
46-50 Murray Street, Wonthaggi

Probus Clubs

Balcombe 5975 4143
Mt Martha House, Cnr Dominion Road and The Esplanade, Mt Martha

Corinella 0421 012 519
George Bass Hotel, 5 Hade Ave, Bass

Cows 5956 8173
The Nobbies, 1320 Ventnor Road, Summerlands

Dromana Bay 5986 8973
Dromana Community Hall, Hodgkinson Street, Dromana

Hastings 5983 0123
The Hastings Club, 155 Marine Parade, Hastings

Phillip Island 5956 8220
Phillip Island RSL, 225 Thompson Ave, Cowes

San Remo 5956 8220
Newhaven Hall, 23 Cleeland Street, Newhaven

Wonthaggi & District 5672 2835
Wonthaggi Golf Club, McKenzie Street, Wonthaggi

Bowls Clubs

Balnarring Bowls & Social Club 5983 1655
8 Bruce Street, Balnarring

Corinella Bowling Club 5678 0497
24 Balcombe Street, Corinella

Dromana Bowls Club 5987 2564
1 Stawell Street, Dromana

Flinders Bowls Club 5983 6715
Bass Street, Flinders

Hastings Bowling Club 5979 1723
40 Marine Parade, Hastings

Koo Wee Rup Bowling Club 5997 1559
245 Rossiter Road, Koo Wee Rup

Lang Lang Bowling Club 5997 5361
2 Nellie Street, Lang Lang

Loch Bowling Club 5659 4359
24 Smith Street, Loch

Main Ridge Bowling Club 5989 6173
455 Main Creek Road, Main Ridge

Mt Martha Bowls & Social Club 5974 2894
45 Watson Road, Mt Martha

Phillip Island Bowling Club Inc 5952 2337
40-44 Dunsmore Road, Cowes

Rosebud Bowls Club Inc 5986 8892
Point Nepean Road Foreshore, Rosebud

San Remo Bowls Club 5678 0000
Wynne Road, San Remo

Somerville Bowls Club 5977 5476
259 Jones Road, Somerville

Sorrento Bowls Club 5984 2831
Hotham Road, Sorrento
The issues
Please number the four issues that concern you most.
- Building a strong 21st Century economy
- Tackling crime and the scourge of drugs
- Securing Australia's borders
- Supporting seniors and Aged Care
- Reducing cost of living pressures
- Creating jobs for the future
- Improving health care
- Giving students a world-class education
- Building better local roads
- Investing in public transport
- Backing Small Business and enterprise
- A sustainable environment
- Investing in innovation and science

About politics
Please select one of the following options: (optional)
I ALWAYS support the following party
- Liberal
- Labor
- Greens
- Independent/Other
OR I USUALLY support the following party
- Liberal
- Labor
- Greens
- Independent/Other
OR I don't support any political party

Your details
Please complete the following details so that I can stay in touch and keep you informed.
- Title
- Name
- Address
- Home ph
- Mobile ph
- Email

How do you prefer to be contacted?
- Mail
- SMS
- Email

Your work
Please select the option which best reflects your current situation:
- Full-time
- Part-time
- Self-employed
- At home parent
- Unemployed
- Student
- Age pensioner
- Disability pensioner
- Self-funded retiree

Your Occupation

Thank you for completing this survey.

Please return to: Greg Hunt MP, PO Box 274, Hastings VIC 3915 Email, greg.hunt.mp@aph.gov.au